



NAVY AND MARINE CORPS PUBLIC HEALTH CENTER

PREVENTION AND PROTECTION START HERE

September 2016



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Mental Health & Suicide Prevention Toolbox

Understanding suicide warning signs and risk factors can help identify those at risk, allow for early intervention, and prevent suicide. Mental Health and Suicide Prevention Month serves as a way to promote mental health and suicide awareness and prevention, and encourage Sailors, Marines, and civilian personnel to access psychological health and emotional well-being resources when needed. These valuable resources can be used not only by Sailors, Marines, and civilians who need a helping hand, but also by family members and friends. Health promoters, command leadership, command Suicide Prevention Coordinators, behavioral health providers, primary care and other specialty providers, as well as chaplains, are encouraged to use these resources and promote positive coping skills. [Click here to learn more >>](#)

NMCPHC LinkedIn Group

It's official! NMCPHC is now on LinkedIn. Open to our stakeholders, staff, customers, and aspiring employees, the NMCPHC LinkedIn group will allow members to share knowledge and ideas, network, and hold discussions that further our common mission of protecting the health and readiness of our nation's service members and their families. We strongly encourage you to join the group, participate in discussions, ask questions, and invite others to learn more about the innovative work happening here at NMCPHC. [Click here to learn more >>](#)

Respiratory Protection Toolbox

The Respiratory Protection Toolbox consists of various resources that provide information and tools about respirators and respiratory protection program management.

[Click here to learn more >>](#)

Zika Virus Information

Zika virus is a flavivirus that is primarily transmitted via the bite of Aedes mosquitoes, similar to dengue virus or chikungunya virus. The virus can also spread through blood transfusions and from a person who has Zika to their sex partners. Zika virus infection during pregnancy has been linked to microcephaly and other birth defects. The CDC recommends pregnant women postpone travel to any area with active Zika virus transmission. [Click here to learn more >>](#)



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DRSi Newsletter: The Reporter

The Reporter is a monthly newsletter for MTF and shipboard public health staff, including users of the Disease Reporting System Internet (DRSi). Each issue highlights monthly trainings, department updates, guidance, and news to ensure timely recognition and control of infectious diseases. [Click here to learn more >>](#)

Reporting an Outbreak Fact Sheet

An "outbreak" is occurring when the baseline or expected rate of an illness has been surpassed within a specific time, place or group of people. Outbreaks can be caused by a variety of pathogens and can be transmitted person-to-person or via a common source, resulting in mild or serious illness. There is no minimum number of cases that constitutes an outbreak; it depends on the pathogen and its baseline occurrence in the population. Outbreaks should be reported when an increase in illness leads local public health personnel to identify cases, seek causes, and/or institute control measures. [Click here to learn more >>](#)

Brief Guide for Sexual Risk Assessment and Intervention

Sexual health is a state of well-being in relation to sexuality across the life span that involves physical, emotional, mental, social, and spiritual dimensions. Sexual health is an intrinsic element of human health and is based on a positive, equitable, and respectful approach to sexuality, relationships, and reproduction that is free of coercion, fear, discrimination, stigma, shame, and violence. In tandem with the Periodic Health Assessment (PHA), this guide helps public health professionals assess the risks associated with sexual health behaviors and identify the need for intervention among the military service members. [Click here to learn more >>](#)



Public Health in the News

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Public Health Center Changes Command

http://www.navy.mil/submit/display.asp?story_id=96313

Command of the Navy and Marine Corps Public Health Center (NMCPHC) changed Wednesday when Capt. Todd Wagner relieved Capt. Scott Jonson during a ceremony conducted at Naval Medical Center Portsmouth Aug. 19. Rear Adm. Kenneth Iverson, commander, Navy Medicine East, presided over the ceremony. In his remarks, Iverson cited Jonson's leadership as well as the tremendous impact NMCPHC's contributions have on Navy and Marine Corps mission readiness. [Click here to reach more>>](#)

Triple Testing: CDC Works Rapidly to Develop Unprecedented Zika Test

<http://www.cdc.gov/about/24-7/cdcresponders-zika/elisa.html>

Before Zika virus began spreading in the Americas, CDC's laboratory team in Puerto Rico was combatting a similar virus: chikungunya. It was 2014, and the mosquito-borne infection was widespread in parts of the Americas, including Puerto Rico. At that time, CDC's dengue branch in Puerto Rico tested thousands of chikungunya samples. Like Zika and chikungunya, dengue is primarily spread by mosquitoes and causes symptoms that are similar to the other two diseases. So, during the chikungunya outbreak, the CDC team had to run two separate tests on the samples they received – one for chikungunya and one for dengue.

[Click here to read more>>](#)



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Southern Pacific Partnership Station 2016 Doctors Fight Against Zika in Honduras

http://www.navy.mil/submit/display.asp?story_id=96318

Seven U.S. Navy medical personnel, deployed in support of Southern Partnership Station 2016 (SPS-16) partnered with the Honduran health workers of Operation Blessing to provide preventive medicine education and combat the Zika virus. SPS-16 is a U.S. Southern Command-directed operation planned by Commander, U.S. Naval Forces Southern Command (COMUSNAVSO)/Commander, U.S. Fourth Fleet (C4F) and carried out by deployed adaptive force packages (AFPs) in Honduras, El Salvador, and Colombia. [Click here to read more>>](#)

The Mosquito Fighters: A Short History of Mosquitoes in the Navy – Part 1

<http://navymedicine.navylive.dodlive.mil/archives/10662>

Over the course of the U.S. Navy's history the mosquito has been a constant threat whose enduring swath of destruction far extends that of the Barbary Pirates, the Imperial Japanese fleet or even German U-boats. From the Navy's first conflict – in the so-called Quasi-War with France (1797-1801) – our small fleet was deployed to the tropical climes of the West Indies where they engaged in warfare with French privateers. [Click here to read more>>](#)



NMCPHC Upcoming Training & Conferences

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Public Health Risk Communication Training Course

September 13 – 15

Naval Medical Center Portsmouth, VA

Effective communication is critical in both health and environmental response situations such as disease and cancer clusters, pandemics, disastrous weather events, chemical releases, terrorist attacks, fires, and earthquakes. The Public Health Risk Communication Training Course is about communicating with any stakeholder, internal or external, in any situation that could impact the successful conduct and sustainment of your mission. The course includes both planning skills such as identifying and prioritizing stakeholders and developing an action plan as well as the communication skills required in dealing with stakeholders including supporters, straddlers, and opponents.

This is a two-day, hands-on course (with an optional one-day media training workshop) brought to you by the Navy and Marine Corps Public Health Center, the Navy's center of excellence for risk communication. There are no registration fees to attend this workshop. For more information or to RSVP, please contact Mr. Bill Stover at William.r.stover.civ@mail.mil

DOERHS – IH Training

September 19 – 23

Naval Hospital Beaufort, SC

DOERHS – IH is a web-based application that is used to collect industrial hygiene survey information. This course is designed to teach Industrial Hygiene personnel, who will be actively entering data into the DOERHS-IH application, to maneuver and organize data within their Industrial Hygiene Program Office. There is no fee for this course. However, students and their commands are responsible for their own transportation, lodging, and per diem arrangements and expenses. [Click here to learn more>>](#)

Influenza Surveillance in the DOD

September 27

Webinar

The Preventive Medicine Program and Policy (PPS) Department is part of a Tri-service group that hosts monthly training sessions for MTF and shipboard public health staff, including users of the Disease Reporting System internet (DRSi). This training will help describe the significance of influenza; describe current surveillance and reporting activities in the military; and provide key contact information if you have additional questions. The training is approximately 30 minutes long and is conducted online with an accompanying dial-in phone number.

[Click here to learn more >>](#)



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Promoting Sexual Health in Military Populations

September 28

Schofield Barracks, Hawaii

Sexual Health and Responsibility Program (SHARP) Training is designed to increase the competence and confidence of people who will speak with Sailors, Marines and family members about sexual health and responsibility. As a part of SHARP, the Promoting Sexual Health in Military Populations training will describe the impact of sexually transmitted infections, including HIV, and unplanned pregnancies in military populations; indicators of sexual health behavior in populations and indicators of supportive policies and practices in communities; key components of a sexual health promotion campaign and more. This training is a no-cost distance learning course for educators, instructors and speakers, plus specialized training for health care providers and counselors. [Click here to learn more>>](#)

STI 101 for Non-Clinicians

September 29

Schofield Barracks, Hawaii

Sexual Health and Responsibility Program (SHARP) Training is designed to increase the competence and confidence of people who will speak with Sailors, Marines and family members about sexual health and responsibility. As a part of SHARP, the STI 101 for Non-Clinicians training will prepare leaders, health professionals, clergy, and volunteers to plan and execute effective community strategies to reduce sexual risk behavior within military communities. This training is a no-cost distance learning course for educators, instructors and speakers, plus specialized training for health care providers and counselors.

[Click here to learn more>>](#)

Management of the STI Patient

September 29

Schofield Barracks, Hawaii

Sexual Health and Responsibility Program (SHARP) Training is designed to increase the competence and confidence of people who will speak with Sailors, Marines and family members about sexual health and responsibility. This training is a no-cost distance learning course for educators, instructors and speakers, plus specialized training for health care providers and counselors. [Click here to learn more>>](#)



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Navy Entomology Center of Excellence (NECE)

The Navy Entomology Center of Excellence offers training to DoD Pest Management Professionals to include Pesticide Applicator Certification (approved by the U.S. Environmental Protection Agency to satisfy federal training and certification requirements for pesticide applicators); DoD Pesticide Applicator Recertification; Operational Entomology Training (preparing preventive medicine personnel to establish a public health pest management program where none exists; and Shipboard Pest Management (we serve as the Navy Program Manager for Shipboard Pest Control). [Click here to learn more>>](#)

NEPMU-2

NEPMU-2's education and training mission is to provide fleet and staff training, leadership, and management, to ensure that required professional certificates for occupational, environmental, and preventive medicine professionals throughout the Navy and Marine Corps are met.

[Click here to learn more>>](#)

NEPMU-5

The mission of the Education and Training Department of NEPMU-5 is to provide external and internal education and training, ashore and afloat, while maintaining training logistical support for deploying FDPMU teams in support of operational commanders worldwide. Services offered: CANTRAC and specialized education & training in support of Navy military and civilian personnel assigned within this unit's AOR, ashore and afloat. [Click here to learn more>>](#)

NEPMU-6

The Education and Training department of NEPMU-6 offers courses throughout the year including (but not limited to) Food Safety Manager's Course, Laboratory Identification of Malaria training, DoD Pesticide Applicator Certificate Refresher Course, Shipboard Pest Management training and Navy Ship Sanitation Certificate Program. [Click here to learn more>>](#)

NEPMU-7

NEPMU-7 provides Force Health Protection courses throughout the year including (but not limited to) Operational Entomology Training, Shipboard Pest Management, and Food Safety Manager's/Supervisor's Course. [Click here to learn more>>](#)